



OCTOBER 2026 NEWSLETTER

Principals Message

"...whatever is true, whatever is honorable, whatever is just, whatever is pure, whatever is lovely, whatever is gracious, if there is any excellence and if there is anything worthy of praise, think about these things." — Philippians 4:8

This scripture helps us to have a holy focus. If we apply what it is telling us about being true, honorable, just, pure...then the things we use to entertain ourselves will help us grow closer to the Lord, not farther away from him.

This month, we also draw inspiration from St. Francis de Sales, whose teachings beautifully align with our focus on daily thankfulness. Known for his deep humility and gentle wisdom, St. Francis taught that holiness is not reserved for a select few, but is achievable for everyone through ordinary, daily actions performed with love. His emphasis on kindness and gratitude reminds us that a thankful heart is the foundation of a gentle spirit, guiding us to see God's grace in the smallest moments of our school day.

Throughout October, the St. Paul school community will focus on the virtue of gratitude. True thankfulness is a state of mind—one that recognizes the kindness shown to us and inspires us to share that same goodness with others. This theme is beautifully paired with October's Thanksgiving Day, a special time for families to give thanks for the harvest and the closely-knit relationships God has blessed us with.

October brings a busy and exciting calendar to St. Paul:

Athletics: Boys' and girls' volleyball seasons are in full swing.

Faith: Our Grade 2-5 classes will attend Wednesday Masses at St. Basil's Church.

Celebrations: Thanksgiving Prayer Services headline this month's faith milestones.

School Council: Will host their annual AGM meeting on Tuesday Sept 13th @6:30pm in the library. All parents are welcome to attend and lend a hand in organizing our busy school calendar and future events

Professional Growth: Teachers will participate in a Divisional Spiritual Development Day and a Divisional Collaborative Day mid-month.

Looking back at September, we extend our heartfelt gratitude to Father Kevin, our School Council, and our dedicated teachers for making the Family Fiesta a resounding success. This wonderful event welcomed over 100 families for dinner to celebrate the start of another fantastic school year, truly blessing the new families joining our St. Paul community.

As we move through October and into the months ahead, we look forward to coming together as a community to celebrate the milestones and events that make St. Paul School so special.

God Bless,

Mr. Ryan Myndio

Principal, St. Paul School

Important Dates

- Grade 6 to Mass – Oct 7
- Grade 4 to PowWow – Oct 8
- Division Wide PowWow at St. Martha's School 5:00pm to 7:00pm – Oct 8
- Thanksgiving Prayer Service – Oct 9
- No School – Oct 12,13,14
- Grade 4 to Mass – Oct 21
- Grade 2 to Mass – Oct 28
- Halloween Celebration – Oct30



ASSOCIATE PRINCIPAL'S MESSAGE



Welcome to October! As autumn arrives, it brings a wonderful reminder to slow down and reflect on our many blessings. God's grace and nature's vibrant beauty surround us—take a moment this month to look around, reflect, and appreciate all that enriches our lives.

It is equally meaningful to recognize the unique gifts others bring to our daily lives and express our sincere gratitude. At St. Paul School, we are deeply grateful for the overwhelming love and support from our families and community, as well as the genuine kindness shown by our students every day.

As a school family, we continue to keep those in need in our thoughts and prayers—especially those experiencing homelessness, hunger, sickness, or suffering. Let us carry a spirit of Thanksgiving with us all month long by reaching out to others with generosity, warmth, and compassion.

Tina Delinte
Associate Principal



October Faith Focus

October is a faith-filled month where we will have many opportunities to explore ways that we can be committed to proclaiming our faith, being generous with others and being grateful for the many blessings that we have.

Christian Action Theme - Gratitude

The virtue of gratitude shapes our entire outlook on life. It allows us to appreciate and accept our life as a gift.

There is great growth and joy in appreciating others by saying

Thank-you



This month we recognize Generosity, a Gift of the Holy Spirit.

"Generosity is a big-heartedness grounded in an abundance mentality. It is unselfish and expresses itself in sharing. It is extended to family and friends, strangers, and particularly those in need, and is offered not only as money, food and clothing, but also as time shared and assistance provided".

Be generous with all of your heart; with your time, your talents, your compassion, your energy and your love!

Catholic Education Week

October 18 -24, 2026

Theme: The Power of the Holy Spirit

Scripture: Romans 15:13: "May the God of hope fill you with all joy and peace in believing, so that you may abound in hope by the power of the Holy Spirit."

Led by the Alberta Catholic School Trustees' Association (ACSTA) and the Council of Catholic School Superintendents of Alberta (CCSSA). The week focuses on spiritual renewal, community partnership among families and parishes, and student celebration. This is a week to celebrate the gift of Catholic Education!

New “Power Hour” Assembly!

We are excited to introduce our new St. Paul Power Hour Assembly!

This assembly will focus on building school spirit, encouraging student participation, and bringing our students together as one St. Paul community. The Power Hour will replace the “old” Christian Action Awards assembly. Students recognized for Christian Action will still be celebrated, but this will be a smaller part of the overall assembly. Parents are always welcome to attend. As we move forward, Christian Action will look a little different, while continuing to recognize and celebrate our students. We are excited to begin this new tradition and look forward to celebrating our students and our St. Paul community together!

Terry Fox Run



A huge thank you goes out to all of our students and families for their donations. We were able to raise \$337 to support the dream that Terry had many years ago. The funds raised from the Terry Fox Run are given to fund research towards finding a cure for cancer. The Terry Fox Foundation believes in providing hope for those whose lives are affected by this disease. Scripture also reminds us of our apostolic responsibility to help those who are suffering: "Then Jesus summoned his twelve disciples and gave them authority over unclean spirits with power to drive them out and to cure all kinds of disease and all kinds of illness." (Matthew 10:1)



**Stop by our Giving Tree
Bulletin Board Located in
the Front Entrance
Hallway!**

How it Works:

- **Take a leaf**
- **Purchase Item on the Leaf**
- **Donate it to the classroom in need**



Parking Update

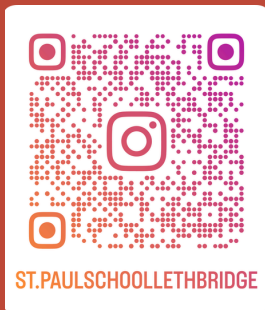


To ensure the safety of our students and to keep traffic flowing smoothly, we ask that you please do not stop, park or leave your vehicle on the right side of the loop on the west side of the school (12th Street N).

This specific lane is strictly reserved for school buses and taxis to safely load and unload students. When other vehicles park in this zone, it creates significant delays and safety hazards for our children.

Thank you for your cooperation and for helping us keep our school community safe.

Stay Connected!



Visit Our Website

<https://stpaul.holyspirit.ab.ca/>

Follow us on Facebook

<https://www.facebook.com/StPaulSpirit>

Follow us on Instagram

<https://www.instagram.com/st.paulschoollethbridge/>

School Fees

A reminder that school Fees are Past Due. If you have any problems regarding the payment of these fees, please advise the school office as soon as possible.



Hot Lunch

KFC Hot Lunch
October 22nd



Thank you to Parent Council for a wonderful Family Fiesta! It is always so great when we can gather as a community and share a meal. Your hard work is greatly appreciated!





Fair Notice Letter

Dear Parents / Guardians,

The Holy Spirit Catholic School Division is committed to providing safe learning environments for all students, staff, school visitors and community members. When a student behaves inappropriately, principals use progressive discipline to help a student take responsibility for their actions, change their behavior and learn from their mistakes.

When students' behaviors pose a potential threat to safety or serious harm, the Southwest Alberta Regional Violence Threat Risk Assessment (VTRA) Protocol assists administrators in taking the necessary steps to protect the well-being of students and staff. This protocol ensures that schools can respond promptly to worrisome behaviors or threatening incidents, such as possession of a weapon or replica, bomb threats or plans, verbal, written, or electronic (internet, text) threats to harm oneself or others, as well as other acts of violence, including fire-setting.

The protocol requires trained division staff and community partners to work together as a team to complete an Assessment of Risk to Others (ARTO) whenever a student threatens to harm others. The ARTO process leverages the team's knowledge, skills, and experience to assess the level of concern and identify appropriate interventions to protect individuals from harm and ensure a safe environment in both the school and the community. A multi-disciplinary approach is used to address these concerns. Please be advised that the school team will take positive and proactive measures to address all known threats or high-risk behaviors. If you are invited to a meeting to discuss safety concerns about your child, please be assured that our protocol is being followed and that our primary goal is ensuring safety. The Southwest Alberta Regional VTRA Protocol outlines how a school should respond immediately to threatening behavior. Principals may first assemble a School Threat Assessment Team, ideally comprising the principal or associate principal, a school-based counselor or jurisdictional lead, and local police. If the situation is serious, the principal may also consult the Superintendent of Schools and involve members of the Community Threat Assessment Team. This team may include representatives from local police, children's mental health organizations, or Child and Family Services, among other community agencies that collaborate with us to enhance school safety. Parents/guardians will be notified as soon as possible during the Stage I - VTRA Process. If parents/guardians cannot be reached, but a safety concern persists, the threat assessment may proceed. Personal information shared during this process will respect and balance each individual's right to privacy with the need to ensure everyone's safety.

This letter complies with procedure 2 of *Administrative Procedure 322: Violence Threat / Risk Assessment (V-TRA) Protocol*, which states that parents/ guardians will be provided with "fair notice" that each threat will be taken seriously. Should you wish to further review this Administrative Procedure, please visit our website at www.holyspirit.ab.ca.

If you have any questions regarding the Holy Spirit Catholic School Division's use of the Southwest Alberta Regional V-TRA Protocol, please contact the Director of Support Services at the St. Basil Catholic Education Centre. We appreciate your support in ensuring our schools are safe environments for our students, staff and community partners.

Sincerely,

Chantel Axani, Superintendent of Schools

Updated August 2026



Notice to Parent or Guardian of Religious Permeation

Section 58.1 of the *Education Act* requires a school board to give notice to a parent or guardian when courses of study, education programs, institutional materials, instruction or exercises include subject matter that deals primarily and explicitly with religion. All of the schools in this division are Catholic Separate Schools, the essential purpose of which is to fully permeate Catholic theology, philosophy, practices and beliefs, the principles of the Gospel and teachings of the Catholic Church, in all aspects of school life, including in the curriculum of every subject taught, both in and outside of formal religion classes, celebrations and exercises. Every course of study and educational program, all institutional materials, instruction and exercises will at all times include subject matter that deals primarily and explicitly with religion.



Open Wide the Doors!

Sent To Share Christ's Love

St. Francis de Sales

Feast Day: January 24

A Simple Prayer for Peace. Inspired by St. Francis de Sales

God, help me to be at peace. Help me not to be afraid of what might happen tomorrow. When things change, help me to trust You.

You have cared for me in the past, and I know You will care for me today and tomorrow. When life is difficult, give me the strength I need to keep going.

When I am worried, help me remember that I am never alone. Hold me close in Your loving arms and help me to trust You.

God, You are my loving Father. Help me to let go of my fears and place my worries in Your hands.

Help me to be still, to trust You, and to live in Your peace. Amen. St. Francis de Sales — Pray for us!

*Prayer: The Prayer of St. Francis de Sales
Sisters of the Divine Savior*

University of Lethbridge
Conservatory of Music

Group Violin Lessons

Our group violin classes welcome students from beginner to experienced levels, from ages 6+! Students will attend the first class on October 3 at 9:30am, and then be assigned their class time (within the times 9:30-12pm) for the rest of the semester. These classes allow beginners to learn the basics of violin technique, music reading, and playing skills, while also having an opportunity to play with one another and develop valuable ensemble skills. Intermediate and experienced students will work together on technique and musicianship, and have the opportunity to develop ensemble skills through chamber music groups. At the end of the semester, there will be a short performance for family and friends!

Saturday, 9:30 - 12:00* | Location: Casa (230 8 St S)

(*students attend 30 minutes within this time block; times will be assigned at the first class based on level/experience)

FALL 2026: October 3 - December 12 (No Class: Oct 10, Nov 21)

Cost: \$150



SCAN HERE



Holy Spirit
CATHOLIC SCHOOL DIVISION

Piitawaani

Traditional Powwow

Thursday, October 8th

5:00pm-7:00pm

Grand Entry at 5:00pm

Children of St. Martha School

206 McMaster Blvd. W.

- ◆ Host drum will be paid.
- ◆ First 14 registered dancers will be paid (all dancers welcome).
- ◆ Food trucks available for purchase of dinner.

Please bring lawnchairs or blankets.

Everyone welcome!



Dancer Registration Form