

# January

## Principal's Message:

"Almighty God, give me wisdom to perceive You, intelligence to understand You, diligence to seek You, patience to wait for You, eyes to behold You, a heart to meditate upon You and life to proclaim You, through the power of the Spirit of our Lord Jesus Christ. Amen." ~ Benedict of Nursia

St. Benedict of Nursia, our saint of January, was born into a noble Roman family but turned away from the comforts of wealth and prestige to seek a life centered on God. Disturbed by the moral decline of his times, he withdrew to live as a hermit near Subiaco, Italy, devoting himself to prayer and simplicity. His holiness attracted followers who desired a similar way of life as his vision emphasized humility, stewardship, and the understanding that all things – material and spiritual – are gifts to be used for God's glory. St. Benedict's life reflects Jesus' teaching in the Parable of the Rich Fool where true wealth lies not in possessions or success, but in a life rooted in God's presence and shared generously with others.

As we transition in 2026, let us all remain mindful of the humility, stewardship, and generosity that we can bestow on others. Whether it's at work, at home, or in our community, we should strive for balance so we can share these gifts with others.

In January, St. Paul School will be very busy with a number of events and extracurricular activities. Basketball leagues will start up for grade 5-6 boys' and girls' teams. Grade levels will head to St. Basil's for some Wednesday masses, the school will celebrate the Feast of St. Paul, report cards will be shared with families, Good Movements (Indigenous Games) will teach some PE classes, the Socks and Mitts Drive will begin, and the always-popular SPS Movie Night will take place at the end of the month.

As we head into the New Year, revitalized from a restful break, can I ask you to remain diligent in checking your SPS messenger so that you and your child don't miss any of the spectacular events coming up? St. Paul School is an extra special community because of our unity and support for one another. I would hate for any of our families to miss out.

Welcome back and Happy New Year,  
Mr. Ryan Myndio

## Upcoming Events:

Welcome Back Students	Jan 5
Toque & T-Shirt Day	Jan 8
Jump Rope for Heart	Jan 9
Soccer Game	Jan 9
Sock & Mitt Drive	Jan 12 - 29
Jersey Day	Jan 16
Choir @ Hurricanes Game	Jan 16
Feast of St. Paul Mass	Jan 22
School PD Day	Jan 26
Christian Action	Jan 27
Movie Night 6:00pm	Jan 30
Pajama/Slipper Day	Jan 30

Let it  
snow





# Associate Principal's Message

Happy New Year and welcome to 2026!

We hope your Christmas season was filled with joy, rest, and meaningful time with loved ones. As we begin this new year, January offers us a fresh start—a chance to set new goals, renew our intentions, and reflect on how we can continue to share Christ's love with those around us.

This is a wonderful time to focus on small acts of kindness, compassion, and encouragement. By choosing our words and actions with care, we can make a positive difference in our school community each and every day.

January also marks the halfway point of our school year. With five months of learning, growth, and friendship already behind us, we look forward with hope and excitement to all that the remainder of the year will bring for our students.

Wishing you a joyful and grace-filled month of January!

—Tina Delinte

Associate Principal

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## *January Faith Focus:*

The month of January is dedicated to the Holy Name of Jesus. The first ten days of January are included in the liturgical season of Christmas while the remaining days of January are the beginning of ordinary time. We also celebrate the Feast Day of our School's Patron Saint - Saint Paul the Apostle with a mass on January 22.

### **Christian Action: Courage**

The virtue of courage helps us to take the initiative to make changes in our lives or to accept change that comes to us. It allows us to support others in need and to take the first steps in making things happen or in standing up for justice. Courage helps to build our self confidence and strengthens our connections with others.

  
**COURAGEOUS**

This month we appreciate self-control, one of the Fruits of the Spirit.

FOR GOD  
GAVE US  
A SPIRIT NOT OF FEAR  
BUT OF POWER & LOVE  
**AND**  
**SELF-  
CONTROL**  
2 TIMOTHY 1:7





Our choir has the awesome opportunity to sing our national anthem at the start of the Lethbridge Hurricanes home game on Friday, January 16, 2026.

School Community discount ticket code is

**STPAUL25**

These tickets will be available throughout the entire arena until game time.



# Sock & Mitt Drive

We are collecting Socks and Mitts from January 12 - 29. We are donating them to Lethbridge Homeless Shelter.



## 'tis the season

### BUNDLE UP FOR RECESS

We know that winter months bring unpredictable weather in Lethbridge. We occasionally decide to keep the students inside for recess when the temperature (including wind-chill) drops below -20. Only when there is an indoor recess should students be staying inside. All students are expected to dress appropriately for the weather and to have a change of footwear when entering & exiting the building.

All students in attendance are expected to go outside for recess.



### Staying Connected

We have many ways for you to stay connected with us.

Please check out our school website at

[www.holyspirit.ab.ca/stpaul](http://www.holyspirit.ab.ca/stpaul)

You will notice on our home page it is easy to stay connected with FaceBook or Twitter. Please give it a try!



follow us

